



## SARAS MENON

Associate Consultant | Arbinger Singapore Malaysia

As an Associate Consultant with the Arbinger Institute, Saras supports leaders, individuals, teams and organizations to transform cultures, team dynamics and performance with the Outward Mindset Approach.

Saras' journey with the Outward Mindset approach so far involves:

- Started her personal journey embracing the core precepts of Outward Mindset more than 18 years ago.
- Supported the whole school implementation of Outward Mindset principles at Chong Boon Secondary and Yuan Ching Secondary while serving in both schools as the Principal
- As a certified Arbinger Outward Mindset facilitator, Saras has facilitated In-house Outward Mindset training at the Student Development and Curriculum Division, MOE, Singapore for Deputy Directors, Senior Specialist Writers and Guidance Officers.

Saras has served the Ministry of Education, Singapore, for 43 years in various capacities including being School Guidance Advisor with SCDC (MOE), School Leader (Secondary Schools) and Curriculum Specialist Writer with CDIS. She was seconded to SINDA, a self-help group in Singapore, for two years, to serve in the capacity of Divisional Director, Education.

Her professional qualifications include Master of Arts (Educational Management), Master of Arts in Modern English Literature, Further Professional Diploma in Education and Leaders in Education Programme.

Saras is a mother of three and a grandmother of four lovely souls. She is also an adventurous life-long learner.

Arbinger is the world leader in mindset change. Through training, consulting, coaching, and implementation tools, Arbinger enables individuals, teams, and organizations to change from the default self-focus of an inward mindset to the others-inclusive focus of an outward mindset. Arbinger provides strategies and behavioral reinforcements that sustain this change. The result is dramatic and sustained improvement in the key success indicators of our client organizations—in their levels of collaboration, employee engagement, accountability, revenue growth, market share, and profitability.

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